

### INTERNATIONAL TIMES

6 A.M.

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SALDAS DZIVES

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#### **APRIL SCHEDULE** 6am Social Hour - Wilson - PROM 12pm English Tutoring - Mire 2pm Science Tutoring - Lawe 2pm Newsletter Team 8:30am NHS Science Seminar 12pm Math Tutoring - Durr 10am Language Tutoring - Constan 1pm Newsletter Team 3pm Social Hour - Hedden 2pm Book Club - Alexander 5pm Social Emotional Learning Hot 12pm Science Tutoring - Brier 10am Math Tutoring - Austin 9am Conversational Language Prac 2pm Newsletter Team 3pm High School Monthly Teacher 3pm Social Hour - Glausei 8:30am NHS Math Seminar 8:30am High School NHS Meeting -10am Art Club 11am Math Tutoring - Baer 12pm Social Hour - Bills - PROM 12pm English Tutoring - Lee 8:30am NHS English Seminar 3pm Social Hour - McGarrh

## COMIC STRIP CONTEST WINNERS

Congraturaltions to the first place winners of the IVLA Newseltter's Comic Strip Contest!

HS Division (below) – Marcela, 12<sup>th</sup> grade –

The Wild Boys

MS Division (right) – Aria, 8<sup>th</sup> grade –



I'm the boss







#### **ANIMAL ANTICS**

By Leonhardt Fischer-Buder

"I'm Aidan C, and I have two birds named Oregano and Basil. My birds have very funny antics. They like to talk to me, fly around, eat millet, and play hide and seek. <u>Here are some</u> pictures and a video of them!

#### ANNOUNCEMENTS

- Participate in IVLA's Spirit
  Week! The student government
  has organized a week
  with different themes and tasks
  each day! Happening April 48! Check out the flyer HERE!
- Prom 2022! On the 4th of April,
  Mr. Wilson will be hosting Prom
  on GoToMeeting! Have any
  song recommendations that
  would like to be featured? Send
  the songs to: ljlf2022@gmail.com
- Join us for Prom 2022, take 2, at Ms. Bill's Social Hour on April 25th at 12pm PT! More information to come for this decades themed event!
- The HS Book Club is finishing reading "They Went Left" by Monica Hesse and will begin a new book soon!
- Interested in joining IVLA's
   Newsletter Team, Book Club,
   Art Club, and Puzzles & Games club? Contact your success
   coach and ask how to join and participate in these different clubs!
- NHS sponsored subject and topic seminars are coming this month! Watch your email for dates and links to join.
- Would you like to see where IVLA's HS students call home? Participate in IVLA's "I Live" Google Earth project and add you pin to the globe!

Click here for more information.





By Sydney Fisher

The results from the Newsletter's March poll on food favorites are in!

- ✓ Between savory or sweet food, 48.6% said it was too hard to choose!
- ✓ A majority of poll takers (56.8%) favored smooth peanut butter over crunchy or none at all.
- ✓ Double stuffed Oreos (35.1%) barely edged out regular Oreos (32.4%).
- ✓ People were very divided in deciding favorite pizza toppings, but extra cheese pizza (29.7%) took the largest share of votes.
- ✓ An open ended question asked respondants to share what the best food they have ever eaten is. Here is a small sampling of these tasty responses:
  - o Yassa Poulet a chicken, onion, and rice dish from Senegal
  - o Local Pizza from Belgium!
  - Chocolate Bag a hard chocolate shell filled with chocolate mousse and cake!
  - o Pasta Carbonara mentioned by multiple people!
  - o Sushi a favorite for many!

## APRIL NEWSLETTER POLL

By Sydney Fisher and Bella Stoffel
Fill out the International Times' monthly
student poll! This month's theme is the
Good Old Days! Responses are
anonymous and results will be
published in the April Newsletter.



Click **HERE** to begin!



## EARTH AND WORLD HEALTH DAYS

By Mia Isabella San Inocencio, Meagn Schoenherr, and Enam Zigi In April, we celebrate Earth Day &

in Apin, we celebrate Earth Day &

World Health Day, acknowledging the

importance of not only our planet but

also global health . . .

Continue reading

this article <u>HERE</u>.



### Join the Newsletter Team!

Would you like to be a part of the newsletter team? Join us the first and third Tuesdays (2pm PT) and second Thursday (1pm PT) of the month on GoToMeet, or join the IVLA High School Students Discord (ask your success coach!) and ask to be added to the Newsletter chat!

featured in the next edition of the International Times Newsletter? Fill out this form:

Newsletter Feature
Submissions.

### TALKING WITH TEACHERS

Featuring IVLA math and accounting teacher Jessica Durr from Keyser, West Virginia.

By Bella Stoffel



What is your favorite memory from highschool?

Playing basketball; being part of a team!

What is your favorite book or movie?
Bible (obviously), but other than that
I enjoy romance novels.

What is your least favorite food? Beef jerky and oatmeal.

Do you have a special talent?

Carpentry. I like to remodel and renovate houses. I've gotten pretty good at that over the years.

What do you like best about being a teacher?

I like getting to know the students and helping them navigate through life's ups and downs. My favorite part of teaching is when a student has an "aha" moment. I live for those, haha.

Continue on to find professional focuses, stories on cultural New Years, delicious recipes, and much more!

#### PROFESSIONAL FOCUS

# INTERVIEW OF A SMALL BUSINESS OWNER

By Iosiah Stewart

Q: Why did you become a small business owner?

A: The reason he became a small business owner all started when he worked for others. He found inefficiencies that he himself thought he could resolve, so he took a chance and started his own business.

Q: Does being a small business owner have any requirements?

A: You need integrity, honesty, and perseverance.

Q: What do you think about customer support?

A: He loves it and he hates it.

Q: Is the customer support job hard?

A: Extremely hard and has many details, "but nothing worth having is easy to get".

Interviewer's Observations: Even when I was interviewing my dad and writing down notes on what he was saying I learned a few things. This just goes to say that one should not judge a book by its cover. To read the full trascript of this interview, press this link: <a href="Interview of A Small Buisness Owner">Interview of A Small Buisness Owner</a>

#### PROFESSIONAL FOCUS

**AGRONOMIST** 

By Maria Dominga Jimenez

Mr. Vasques always liked the farm since he was little, which inspired him to become an agricultural engineer. An agronomist advises projects to produce plants and animals. It has different branches since he can be a Business Administrator, Biologist, Zootechnics Pyrotechnics, Mechanics, ground leveling, working in Laboratories of microorganisms, Soil study and Sales Knowledge of everything that is needed for a farm to produce. Every day we are presented with cases to solve. For example, when a plant is sick, we know what product we can apply to control that disease. In my case, I use a lot of knowledge of beneficial microorganisms to help balance the soil and the plant enters into harmony with the environment. He shares his work with people so they know how it is produced with biological inputs ... read on here!

#### TRANSIT OF THE SUN FROM PISCES TO ARIES

# THINGYAN - BURMESE NEW YEAR FESTIVAL

By Angel Khoo

Happy Thingyan! As April arrives, Padauk flowers are in full bloom in Myanmar. During this time of year, Burmese people celebrate the Myanmar new year through a water festival. Yes, you read that right! To make the transition from the previous year to the next, people of all ages come together to splash water on one another and eat delicious traditional desserts that are made in abundance. Pouring water is symbolic of washing away the negativity of the old year, and welcoming the positivity that is to come. Padauk flowers are worn by both women and men at this time of year, as they represent strength, youth, and love. This year, however, Thingyan will be celebrated differently under political turmoil in Myanmar. Please keep Myanmar in your thoughts, and I



### NOWRUZ (PERSIAN NEW YEAR)

By Saba Pakizeh Seresht

On the 21st of March this year, Nowruz, the Persian new year, was celebrated around the globe by many communities and ethnicities (more than 300 million people); it has been celebrated by diverse communities for over 3,000 years in Western Asia, Central Asia, the Caucasus, the Black Sea Basin, the Balkans, and South Asia. The word "Nowruz" itself translates to "new day" in the Persian language, its origin dating back to when the Zoroastrianism religion was widely practiced, however, the holiday was not related to the religion itself.

This celebration of the new year takes place every year around the 21st of March and marks the first day of spring and a new year in the Iranian calendar. Interestingly, it begins on the spring equinox, which marks the beginning of spring in the Northern Hemisphere. The moment at which the Sun crosses the celestial equator and equalizes night and day is calculated exactly every year. Customs such as having a Haft-sin table and visiting family and friends are celebrated throughout the holiday and like Christmas, in Nowruz, parents and elders give gifts to youngsters, mostly in the form of cash/money.

The United Nations officially recognized the "International Day of Nowruz" in February 2010, and was celebrated for the first time at the White House in 2015.

### Peanut Butter Recipe

#### **Ingridients**

- · 2 cups
- (16 ounces) raw, shelled peanuts (See Recipe Notes)
- 1/2 teaspoon
- kosher salt, plus more as needed
- 1 to 2 tablespoons
- peanut oil or other oil (optional, for creamier peanut butter)
- 1 to 2 tablespoons
- honey or other sweetener (optional, for sweeter peanut butter)
- Optional add-ins: 1 to 2 tablespoons cocoa powder, 1/2 teaspoon cinnamon or other spice, handful of chocolate chips, a few spoonfuls of nutella

#### Steps

- Roasting gives the peanut butter a deeper flavor and helps make the oils looser and easier to blend into a smooth butter. Bake until lightly golden-brown and glossy with oil, about 10 minutes. If you prefer raw nut butter, skip this step if you're using pre-toasted nuts.
- For chunky peanut butter, remove 1/2 cup of chopped nuts and set aside. Transfer the peanuts to a food processor fitted with a blade attachment or blender.
   Pulse a few times just until chopped. If you toasted your nuts, do this while they are still warm.
- Process peanut butter in a food processor or blender for 1 minute. Stop and scrape down the sides and bottom of the bowl. At this point, the peanut butter will look gritty and dry, almost like couscous - just because it has been run through so much.
- Process for 1 minute. Run the food processor or blender continuously for another minute, then stop and scrape down the sides. At this point, the butter will start clumping together. It's not quite peanut butter, but it's getting there!
- Process the butter in a food processor or blender for 1
   minute, then stop and scrape down the sides for
   another minute.
- Add the salt, oil, sweetener, and any other extras. Sprinkle the salt, oil, sweetener, and any other extras over the top of the peanut butter.
- Homemade peanut butter will still be gritty compared to store-bought, but it should be spreadable at this point. Taste and season with extra salt or other seasonings as desired. If you have any extra nuts, pulse them a few times to integrate them.
- Transfer the peanut butter to storage container. Scrape the peanut butter into a storage container, cover, and refrigerate. The peanut butter can be used immediately.

By maria Dominga Jimenez

#### **HOMEMADE TWIX**

By Izi Cisneros & Shiloh Nagwekar
April 5th, 2022 is National Caramel Day! This

month's newsletter brings you your very own

homemade Twix recipe! Access it HERE!



#### APRIL FOOLS' DAY

By Alessandra Nungaray and Megan Schoenherr

From baking fake brownies to pretending to dye your hair green, April Fools' Day is a day to play practical jokes with one another! Before France switched calendars in 1582, the calendar new year began around April 1st. People, who failed to realize the start of the year had changed, were called "April Fools," and the April Fools' holiday was born. At IVLA, people have hidden fake bugs to scare their siblings, secretly put temporary tattoos on sleeping family members, and have stolen and batteries out of all the electronics in the house to celebrate April Fool's Day!

# WORLD AUTISM AWARENESS MONTH!

By: Bella Stoffel & Mia Isabella San Inocencio - ed Gerhard F-B Autism is a broad and non-linear spectrum that does not look the same for everyone. Autism spectrum disorder is a diagnosis of a group of social behavior deficiencies that can be affected by genetic, environmental, and psychological factors. Some people who have autism have described it as your mind being a bright loud crowded room. Women and men also manifest autism symptoms very differently resulting in many women going undiagnosed. Neurodivergent people are not sick or in need of curing but simply interoperate stimuli differently, expressing their interests and emotions differently than people expect. For more information about autism spectrum disorder visit "www.autismspeaks.org". The following are famous and important figures throughout history who were autistic: Temple Grandin is well known to share his personal experiences and perspectives on autism. Albert Einstein, Andy Hopkins, Tim Burton, and Emily Dickinson also showed symptoms of autism.

#### What you can do/need to know:

- Be very aware of not bullying (both in-person and online) or making fun of a Neurodivergent person's actions, behaviors, interests, or way of speaking.
- It is also helpful for someone who is nonverbal or only able to express limited verbal communication to be asked yes or no and use direct straightforward language.
- Understand that many times children who have autism are mentally their own age but just cannot fully express themselves verbally. So being respectful of them and their feelings is important.

### THANKS FOR READING THIS MONTH'S NEWSLETTER!

- The Newsletter Team

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